



# SENIOR COMMUNITY CAFÉ CONGREGATE CALENDAR-DECEMBER-2015



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
		1	Orange Juice Turkey Stew w/Extra Potatoes & Vegetables Boiled Potatoes Brussel Sprouts Homemade Biscuit Apple/Peach Crisp	2	Roast Pork A La Orange Oriental Rice Broccoli Normandy 12-Grain Bread Sliced Peaches & Pears	3	Hearty Vegetable Soup Tuna Fish Salad on Croissant Sweet Potato Fries Leaf Lettuce & Sliced Tomatoes Tropical Fruit	4	<b>NATIONAL COOKIE DAY</b>  Orange Juice Carbonara (Ham & Bacon) Sauce Over Faralle Noodles Italian Mixed Vegetables Wheat Dinner Roll Homemade Cookie
7	Orange-Pineapple Juice Barbeque Pork Ribeye Cut-Up Sweet Potatoes & Apples Vegetable Medley 100% Whole Wheat Bread Fruited Gelatin w/Whipped Topping	8	Alaskan Pollock w/Seafood Sauce Brown & White Rice Sicilian Blend Vegetables 12-Grain Bread Fresh Fruit	9	Chicken Vegetable Soup Orange Glazed Almond Chicken Egg Noodles Prince Edward Blend Vegetables Saltines Fruit Cocktail	10	Pot Roast w/Vegetable Gravy Baked Potato Peas & Diced Carrots Oatnut Bread Pineapple Tidbits	11	Macaroni & Cheese Spinach Salad w/Cucumber & Cherry Tomatoes Italian Dressing Stewed Tomatoes & Zucchini 100% Whole Wheat Bread Peaches
14	Chicken Chow Mein Over Fluffy White Rice Oriental Vegetables 100% Whole Wheat Bread Fresh Fruit	15	White Bean & Escarole Soup Grande Cheese Ravioli w/Tomato Sauce Garden Salad w/Cherry Tomatoes & Cucumbers Raspberry Vinaigrette Dressing Whole Grain White Bread Sliced Pears	16	<b>CRT HOLIDAY MEAL</b>  Cran-Apple Juice Stuffed Chicken Breast w/Gravy Seasoned Baby Potatoes Vegetable Medley Wheat Dinner Roll Special Dessert	17	Breaded Pork Steak w/Broth Scalloped Potatoes Succotash 12-Grain Bread Fresh Fruit	18	Meatloaf w/Gravy Oven Roasted Potatoes Scandinavian Blend Vegetables Pumpnickel Bread Tropical Fruit
21	Mediterranean Soup Eggplant Roll-Up w/Meat Sauce Ziti w/Marinara Sauce Peas Italian Bread Fresh Fruit	22	Orange Juice Rosemary Baked Chicken Mashed Potatoes Sliced Carrots 100% Whole Wheat Bread Banana Pudding w/Whipped Topping	23	Country Style Vegetable Soup Cheesy Vegetables Lasagna Mixed Salad Greens w/Tomatoes, Onions & Cucumbers Ranch Dressing Dinner Roll Pineapple Tidbits	24	<b>NO CRT LUNCH</b>	25	<b>CLOSED IN OBSERVANCE OF THE HOLIDAY</b>
28	Beef Vegetable Soup Swedish Meatballs w/Brown Gravy Mashed Potatoes Mixed Vegetables Saltines Sliced Apples	29	Orange Juice Seasoned Chicken in Asiago Cream Sauce Over Penne Pasta Italian Blend Vegetables 100% Whole Wheat Bread Lemon Pudding w/Whipped Topping	30	Russian Cabbage Soup Kielbasa Pierogies in Onion Butter Sauce Sauerkraut Oatnut Bread Pineapple Tidbits	31	<b>NO CRT LUNCH</b>  <b>(Potluck Lunch)</b>		

Elderly Nutrition Program meals are served Monday thru Friday to persons 60 years of age or older and their spouses.

All meals are served with milk, bread and margarine. **DONATIONS: \$2.50 (or whatever you can afford)**